

# Internet Safety for Kids

**Most of the time that children spend on phones, tablets and other devices involve using gaming, social networking and instant messaging apps.**

It is important to explore the apps a child wants to download to determine if it is age appropriate.

Cameras allow children to be creative and have fun communicating with friends and family. While it is fun to share these experiences, children need to understand they could be sharing content with more people than just their friends and family.

It is important to explain to the child that if someone tries to get them to send a picture or to video chat, or if someone sends a picture to them, to block that person and come tell you or a safe adult about it right away.

**Chat, messaging and texting apps are a quick, fun and creative way for children to communicate with family and friends. It is important to know the risks.**

Once a message is sent, control over that message is lost. Children may accept friend/buddy requests from people they don't know in person.

Check to see that the child's chat or messaging program is set up so that no one can begin speaking to them without their permission. Teach them that if someone they don't know sends them a link or attachment, not to click on it.

Children can go online and find content on just about any topic they're interested in.

Use the filtering options that are available on many search engines to help moderate the search results that appear. It is also important to assist your child in searching for topics they are interested in.

**Explain to the child that you are there to protect and support them, so if something goes wrong or if they make a mistake, it is important to come to you for help without fear of getting into trouble.**